## **Navigating Leadership Transitions**



The successful navigation of a change in leadership, particularly one involving the departure of a founder or long-term director, requires that we consider the human side of change. This includes how individuals—such as staff, board members, and others involved in the organization—move through three stages of transition.

Transition Stage	Transition Event	Feelings may include	Actions leaders can take that often help
SAYING GOODBYE >	Person gives notice or is asked to leave their position	<ul> <li>Denial</li> <li>Anxiety</li> <li>Loss</li> <li>Fear</li> <li>Anger</li> <li>Sadness</li> <li>Release/relief</li> </ul>	<ul> <li>Make space for the expression of feelings</li> <li>Recognize/celebrate contributions of the departing leader</li> <li>Acknowledge how the organization's history/legacy will continue</li> </ul>
MESSY MIDDLE >	Acting or interim is in place  Recruitment is underway	<ul> <li>Uncertainty</li> <li>Creativity</li> <li>Confusion</li> <li>Anger</li> <li>Frustration</li> <li>Hard to focus</li> <li>Desire for order</li> </ul>	<ul> <li>Practice patience; live with ambiguity (possibilities)</li> <li>Communicate what is known and not yet known about the change in leadership</li> <li>Communicate what the process will be for moving forward</li> <li>Stay open and flexible; plans may change</li> </ul>
MOVING FORWARD >	New leader begins work	<ul> <li>Optimism</li> <li>Uncertainty</li> <li>Resentment</li> <li>Excitement</li> <li>Confidence</li> <li>Exhaustion</li> </ul>	<ul> <li>Provide orientation and support to incoming leader (including: encourage a realistic work load)</li> <li>Show appreciation to those who took on extra duties during the transition</li> <li>Communicate about what has changed and what has not changed</li> <li>Communicate about what staff and board members can do to help the organization move forward</li> <li>Celebrate!</li> </ul>

This three-stage model was adapted from the work of William Bridges.

